



April 18, 2024

## Refuse to Sign HIPAA Form

The doctor's office hands you a stack of papers or an iPad and tells you to start filling in the blanks, checking off the answers, and signing on the dotted line. Separately or embedded in a consent form, is also a request that you agree that you have received, read, or understood the clinic's Notice of Privacy Practices.

I'm asking you to cross that out. As the Department of Health and Human Services says on their website, "The law does not require you to sign the 'acknowledgement of receipt of the Notice [of Privacy Practices].'" You do not have to sign it. By refusing to sign it, you will not propagate the myth that HIPAA protects privacy, and you will help us share the shameful truth about HIPAA: it is a violation of our privacy rights.

**"Notice of Privacy Practices,"** U.S. Department of Health and Human Services, last reviewed November 2, 2020: <https://bit.ly/HHSPrivacyPractice>

**"HIPAA – The Grand Deception,"** CCHF, n.d.: <https://bit.ly/43ImHhI>

Presented daily by Twila Brase, President and Co-founder  
Citizens' Council for Health Freedom.

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