

ON AIR



Health Freedom Minute

June 19, 2025

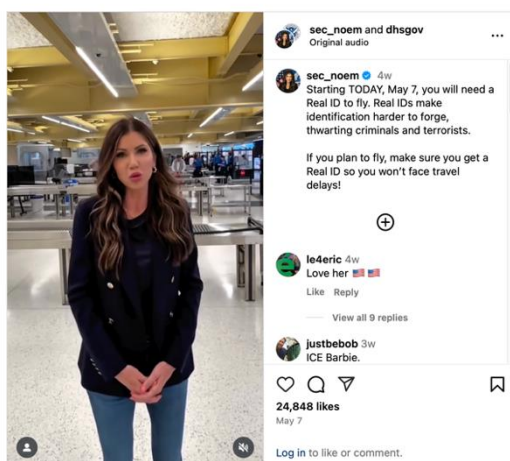
Get Rid of Your REAL ID!

Here is a REAL ID update. First, the day after Secretary Kristi Noem told Congress people could fly without a Real ID on May 7, she did an Instagram post saying, “Starting TODAY, May 7, you will need a Real ID to fly.” Why did she lie?

Second, thank you for sharing your stories of going back to the DMV to get a state driver’s license. Lots of success stories and a few denials. Keep the stories coming. Connect with us at RefuseRealID.org.

Third, more state legislators are getting fired up to stop REAL ID. And we’ve been in touch with state Attorneys General. The battle is raging, so use social media and our RefuseRealID.org website to share the truth. And whatever you do, get rid of the REAL ID!

“**‘Lose’ the REAL ID,**” Citizens’ Council for Health Freedom, [RefuseRealID.org](https://www.cchfreedom.org/wp-content/uploads/2025/03/Real-ID-SWITCH-Handout-FINAL.pdf):
<https://www.cchfreedom.org/wp-content/uploads/2025/03/Real-ID-SWITCH-Handout-FINAL.pdf>



Presented daily by Twila Brase, President and Co-founder
Citizens’ Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
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cchfreedom.org / info@cchfreedom.org / 651-646-8935