



Health Freedom Minute

July 4, 2025

Happy Birthday America!

Happy Independence Day! We, in the land of the brave and the free, are privileged. We live in the land of the red, white, and blue, a land founded on biblical Judeo-Christian values, where the flag of freedom flies.

We live under the one and only Declaration of Independence, and the Constitution of the United States, which limits the power of the federal government.

We live under divided government, three equal branches, 10th Amendment states' rights, and justice for all.

We live in America where everyone must abide by the rule of law, whether pauper or president. We live in the land of responsible and ordered liberty, a land where there is no king. A land of the people, by the people, and for the people. It's up to us to keep it that way. Happy Birthday, America! Let's celebrate!



Presented daily by Twila Brase, President and Co-founder Citizens' Council for Health Freedom.

The Health Freedom Minute is now heard in 48 states: Mon-Fri on more than 870 radio stations nationwide