

ON AIR



# Health Freedom Minute

August 11, 2025

## Protect Yourself from ACA Rationing of Care

Obamacare is putting all doctors under its control through Accountable Care Organizations (or ACOs), which shift the financial risk of care from Medicare to hospitals. Obamacare's Shared Savings Program also gives hospitals kickbacks for saving the government money.

The federal government is corralling seniors into Medicare ACOs without consent. To get kickbacks and cut financial exposure, doctors may refuse to give you the care you need and hospitals may only let hospitalists treat you.

The health care system is working for the government. Find an independent doctor and go to our [Helpful Handouts](#) section at cchfreedom.org to learn how to protect yourself.

***“Accountable care organizations (ACOs) are groups of health care providers that have agreed to be held accountable for the cost and quality of care for a group of beneficiaries.”*** MedPac, October 2024: [https://www.medpac.gov/wp-content/uploads/2024/10/MedPAC\\_Payment\\_Basics\\_24\\_ACOs\\_FINAL\\_SEC.pdf](https://www.medpac.gov/wp-content/uploads/2024/10/MedPAC_Payment_Basics_24_ACOs_FINAL_SEC.pdf)

**Helpful Handouts** (website page), Citizens' Council for Health Freedom:  
<https://www.cchfreedom.org/helpful-handouts/>

***“Update On The Medicare Value-Based Care Strategy: Alignment, Growth, Equity,”***  
Douglas Jacobs et al, Health Affairs Forefront, March 14, 2024:  
<https://www.healthaffairs.org/content/forefront/update-medicare-value-based-care-strategy-alignment-growth-equity>

***“Health System Ownership of Medicare Advantage Plans Has Increased Over Time,”***  
Emily Hague et al, Health Affairs, July 18, 2025:  
[https://www.healthaffairs.org/content/forefront/health-system-ownership-medicare-advantage-plans-has-increased-over-time?utm\\_campaign=Our+Take&utm\\_term=Health+System+Ownership+Of+Medic&utm\\_medium=email&utm\\_source=directmailmac](https://www.healthaffairs.org/content/forefront/health-system-ownership-medicare-advantage-plans-has-increased-over-time?utm_campaign=Our+Take&utm_term=Health+System+Ownership+Of+Medic&utm_medium=email&utm_source=directmailmac)

Presented daily by Twila Brase, President and Co-founder  
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*The Health Freedom Minute is now heard in 48 states:  
Mon-Fri on more than 870 radio stations nationwide*

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