

ON AIR



Health Freedom Minute

September 3, 2025

Four Ways Back to Health Freedom

The way back to health freedom is simple. All we need is

- Major medical indemnity insurance for Catastrophic and insurable events, *plus*
- Cash-based payments for routine, preventive, and minor care, *plus*
- Charity for the truly needy, *plus*
- The right to opt out of Medicare.

The former PATMOS clinic in Tennessee, which stands for Pay at the Moment of Service (PATMOS), took only direct payment and even Medicaid patients came there for care.

Our organization is working to get back to this simple and affordable system of **Catastrophic Coverage, Cash payments, and Charity**. Our Wedge of Health Freedom is a free online directory of direct-pay doctors, clinics, and pharmacies. To find a doctor who works for you, go to **jointhewedge.com**.

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

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