

A red rectangular sign with the words "ON AIR" in white, bold, sans-serif capital letters.

Health Freedom Minute

October 31, 2025

Competency Charade Threatens Access to Doctors

The American Board of Medical Specialties is making it harder for you to find a doctor.

This board claims that it certifies the competency of doctors, but it's just a moneymaking machine that's making doctors want to quit. In 2023, it posted \$224 million in assets and paid its CEO more than \$2.3 million. Every year, doctors have to spend hours of time and thousands of dollars in tests to get certified — or they can no longer practice medicine.

But it's clearly not about competency of doctors because all doctors certified before 1990 are exempt from the annual testing and fees. Before even more doctors disappear, Congress and states should end this monopoly and its competency charade.

“The Gatekeeper Driving Doctors From Medicine,” Paul Teirstein, M.D., The Wall Street Journal, October 19, 2025:

<https://www.wsj.com/opinion/the-gatekeeper-driving-doctors-from-medicine-57597313>

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

cchfreedom.org / info@cchfreedom.org / 651-646-8935