

ON AIR



# Health Freedom Minute

February 13, 2026

## Must You Submit to Cognitive Screening?

When you go to the doctor's office, do you want to get your questions answered, or answer a litany of their unrelated questions before you're even allowed in the room? Do you want to fill out forms, questionnaires, or screening tools? Obamacare requires doctors to try to screen the cognition of every senior. Think about this before you go.

For example, primary care clinics have started to use short digital screenings to try to identify dementia and cognitive decline and put it in your record – likely years before patients or families detect any changes. Do you want this kind of assessment? What would it mean for you to live with a right or wrong prediction? It's up to you to decide to participate or decline to be screened.

**“New evidence-based AI Tools can help detect dementia earlier,”**

Bill Siwicki, Healthcare IT News, January 26, 2026:

[https://www.healthcareitnews.com/news/new-evidence-based-ai-tools-can-help-detect-dementia-earlier?leadId=1398641&mkt\\_tok=NDIwLVIOQS0yOTIAAGfvPuOsFubjZYCRhN1pFc27ywqhbYLxj173Nif1oR9htvRZaRER6stn0TDhCHcq9DZij9dPfXuNps32o1383iVlibM5TCqSyky53z0W\\_P0qrj](https://www.healthcareitnews.com/news/new-evidence-based-ai-tools-can-help-detect-dementia-earlier?leadId=1398641&mkt_tok=NDIwLVIOQS0yOTIAAGfvPuOsFubjZYCRhN1pFc27ywqhbYLxj173Nif1oR9htvRZaRER6stn0TDhCHcq9DZij9dPfXuNps32o1383iVlibM5TCqSyky53z0W_P0qrj)

Presented daily by Twila Brase, President and Co-founder  
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