

ON AIR



Health Freedom Minute

February 16, 2026

CCHF Releases Two REAL ID Videos

Our organization is leading the charge against the federal ID, called REAL ID, a soon-to-be-digital, biometric-controlled federal system of identification and facial recognition. Under the REAL ID Act, it could become a digital domestic passport for all of life, a national ID card controlled by the federal government. It could be linked to your bank account, setting up the technology needed for a social credit system.

We recently hosted a one-hour “Can I fly without REAL ID” webinar. We answered your questions. We also released an animated 3-minute video describing the dangers of REAL ID. Please go to RefuseRealID.org to watch these videos and share them. Your future and your freedom, are at stake. Go to RefuseRealID.org.

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

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