

ON AIR



# Health Freedom Minute

February 27, 2026

## Hold On Tight to Your ID

Your driver's license or ID card is a precious piece of property. Refuse to hand it over. When the doctor's office wants it, tell them they can look at it, but they cannot take it from you and they cannot scan it. Show it to them – hold it up in front of their face – but do not hand it to them. I do this all the time.

We hear the stories. Sometimes you have no choice, but to the extent possible, only show your ID. If they insist, ask for the law, the rule, the policy that requires you to have an ID scanned into their data system. While you currently have no choice at the airport, you should opt out of the TSA camera. Ignore all dismissive words and looks. TSA signs say you have the right to opt out and nothing they say can take away that right.

Presented daily by Twila Brase, President and Co-founder  
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:  
Mon-Fri on more than 870 radio stations nationwide*

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