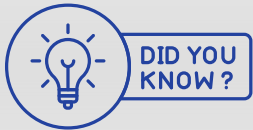




Protect Your Child. Protect Your Family.

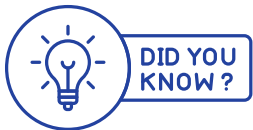
April 23, 2026

Citizens' Council for Health Freedom works across America to protect families and children from outside encroachment and exploitation in the exam room. CCHF focuses on high-level policy engagement and provides protective on-the-ground tools for citizens, patients, and parents. Find more at CCHF's PatientToolbox.org



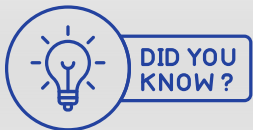
Birth Certificate Worksheets Ask Too Many Questions

Birth certificate "worksheets" are a tool to collect data on families for government and public health research. While facilities are required to gather core information from parents or medical records, parents are rarely legally required to answer questions unrelated to the birth. Before a birth, check your state's worksheets and legal requirements for vital statistics data collection.



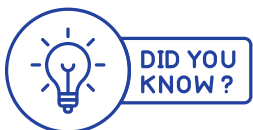
Your Baby's DNA May Be Stored by the Government

Unless parents object, a baby's blood is collected (heel prick) for state newborn genetic screening. Many states store leftover dried blood spots (DBS) — your child's DNA — for years, decades, or forever, sharing and using them for research without parental consent. Parents in four states (MN, MI, NJ, TX) have successfully sued. Seek private testing, have DBS cards destroyed, or opt out of research. Find state opt-out forms and yearly DBS retention charts at itsmydna.org.



Parents Can Refuse Vaccination, Starting at Birth

Hospitals administer Hepatitis B vaccines, Vitamin K shots, and antibiotic eyedrops before newborns are discharged unless parents object. Parents have the right and obligation to make vaccination choices for their children. Find detailed information on each vaccine at the National Vaccine Information Center ([NVIC.org](https://www.nvic.org)).



Congress is Pushing to Decode Your Child's DNA

NIH has given \$14.4 million to study the feasibility of states sequencing newborns at birth, unveiling the genetic blueprint of every child and violating the baby's genetic privacy rights. Six states are participating. NOTE: Newborn sequencing will reveal genetic conditions and traits of the baby — and the mother. Choose carefully: <https://www.beaconsnbs.org>.

DONATE  www.cchfreedom.org



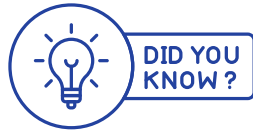
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CCHF has been protecting patient and doctor freedom since 1998.



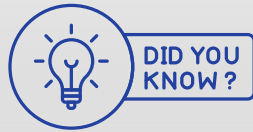
Parents Can Stay in the Exam Room

Parents are being told to leave their older children alone in the exam room while staff ask personal questions and make a record of the child's answers. This is done without parental knowledge of what is being asked, said, or suggested to the child. Some clinics wrongly cite HIPAA as the reason to exclude parents. Stay in the room.



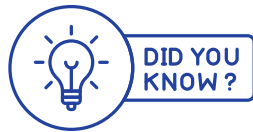
HIPAA Does NOT Protect Your Child's Privacy

Per HHS, the federal HIPAA rule permits 2.2 million entities to access your child's medical records without your consent, if those who hold the data choose to share it. HIPAA is a permissive data-sharing rule — not a privacy protection law. Ask your state legislators to pass a real medical privacy law. NOTE: You have the right to not sign the HIPAA "Notice of Privacy Practices" statement and still receive care.



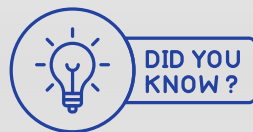
Electronic Health Records Create Lifelong Digital Dossiers

The mandate to use interoperable (networked) government-certified electronic health records (EHRs) for reporting medical data to the government and others has made digital records accessible to myriad outsiders under HIPAA. The networked EHRs begin collecting data on your child at birth. Everything revealed during a visit may be recorded and shared. Share information carefully and seek cash-based doctors who offer confidentiality.



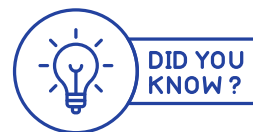
Some Doctors Work Only for You and Your Family

CCHF has established a FREE online directory of independent, direct-pay medical practices nationwide. These doctors work solely for you — no third parties — providing affordable, personalized, confidential care. Go to JointheWedge.com.



AI Scribes May Be Listening to Every Word

Hospitals and clinics are rapidly adopting AI-powered "ambient scribes" that record and transcribe every word of doctor-patient conversations. Nearly one-third of all clinics use AI scribes. Consent practices vary widely — some clinics post signs, others ask verbally or get written consent. Some never ask. Be proactive. Ask whether AI is being used and make a choice. You have the right to not be recorded.



AI May Be Diagnosing and Treating Your Child

Artificial Intelligence (AI) algorithms are being used to interpret medical images, predict health risks, and guide treatment decisions — often without informed consent. As of 2025, only a handful of states have enacted laws related to AI and health care. NOTE: AI errors, bias, and "hallucinations" can lead to misdiagnosis and inaccurate treatment. Ask the clinic if AI-generated protocols or diagnoses are being used in your child's care.



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