CITIZENS' COUNCIL FOR HEALTH FREEDOM
cchfreedom.org

Health Freedom Minute

June 15, 2026

Buy Labs for Less - Self-Pay Patient

Let's talk about ways you can pay cash and save money even if you have insurance.

One doctor's office had a lab service in the clinic. The price to get labs done there was $950. The patient used her phone to contact Requestatest.com. The same labs were about $600 less. The patient had to travel to the lab, but it was worth it.

Order your own labs for less through directlabs.com, requestatest.com, and anylabtestnow.com.

Some direct primary care doctors include labs at no extra cost. Since you may never reach your deductible, cash-based labs may be the way to go. Ordering your own labs can save you hundreds of dollars.

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide

cchfreedom.org / info@cchfreedom.org / 651-646-8935