

ON AIR



Health Freedom Minute

June 24, 2026

Health Freedom – Cash Will Make You Free

The high costs for health care are caused by Medicare, Medicaid, the Affordable Care Act, and employer coverage. The problem is third-party payment. Big pockets lead to big prices. And until you want to be free of big pockets, the price you pay will keep going up.

Health freedom means leaving government coverage, corporate health plans, and employer coverage behind. Costs are unaffordable because you are not paying the bill. Look at prices for health care sharing, indemnity insurance, Lasix surgery, and self-pay labs.

This is how affordable care and coverage could be in a system of cash, catastrophic coverage, and charity. Prices today are inflated because you don't hold the cash in hand, and until you do, prices will be unaffordable and you will not be free.

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

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