

A red rectangular sign with the words "ON AIR" in white, bold, sans-serif capital letters.

Health Freedom Minute

July 29, 2026

Will You Be Forced into Medicare Advantage?

Trump's Medicare Director is considering whether to automatically enroll senior citizens into Medicare Advantage. This is a really bad idea, and it's wrong. First, Medicare Advantage is the restrictive version of Medicare. Health plans are allowed to ration care and federal reports say they regularly deny medically necessary care and force patients into an appeals process.

Second, according to MedPac, a federal advisory group, the plans will get 14 percent more federal funding per recipient than is paid out in Original Medicare. This increases everyone's Part B premiums but it's a lucrative gig for the plans. This bad idea comes from Project 2025, created by The Heritage Foundation. Tell Trump to say no.

"Automatic Enrollment in MA Plans Under Consideration, Top Trump Health Official Says," Stat News, March 23, 2026:

<https://www.healthleadersmedia.com/payer/automatic-enrollment-ma-plans-under-consideration-top-trump-health-official-says>

"CMS considering automatic enrollment in a Medicare Advantage Plan," Susan Morse, Health Care Finance News, March 24, 2026:

<https://www.healthcarefinancenews.com/news/cms-considering-automatic-enrollment-medicare-advantage-plan>

Project 2025, The Heritage Foundation, 2023:

https://static.heritage.org/project2025/2025_MandateForLeadership_FULL.pdf

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
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cchfreedom.org / info@cchfreedom.org / 651-646-8935