

ON AIR



Health Freedom Minute

July 31, 2026

Should You Do It?

Should you share your medical records using the new federal health tech ecosystem?

On April 23rd, the Centers for Medicare and Medicaid Services announced a new initiative to allow Medicare recipients to export their medical records to any doctor or hospital using one of several federal Medicare apps found on the new **Medicare App Library**. These are “Third-party apps that connect to Medicare.” To login you’ll need to use login.gov, id.me, or CLEAR on the Medicare website.

Officials say this means you won’t have to report your medical history over and over again at each doctor’s office. But isn’t that what they promised with electronic health records? Is this another government data grab? Think before you embrace the new health tech ecosystem.

“Medicare Debuts Digital Health Record System for Enrollees,” Joyce Frieden, MedPage Today, April 10, 2026:

https://www.medpagetoday.com/practicemanagement/informationtechnology/120746?xid=nl_mpt_DHE_2026-04-10&mh=df07b03206e4d8c628211f25f32212c3&zdee=gAAAAABm4xseGJX3_hyaAH34N8hhyFBGdUlrNLC63iuFjCq6JDy1TuIX1LLG8L3giSzW3eeyntpMockPrRITBdtWAZjiM6RZUV7nJuj4FSv3quw9btEAPfs%3D&utm_source=Sailthru&utm_medium=email&utm_campaign=Daily%20Headlines%20Evening%20-%20Randomized%202026-04-10&utm_term=NL_Daily_DHE_dual-gmail-definition

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*The Health Freedom Minute is now heard in 48 states:
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