

A red rectangular sign with the words "ON AIR" in white, bold, sans-serif capital letters.

Health Freedom Minute

August 17, 2026

The Right Way to Lower Health-Care Costs

Republicans say cutting fraud is the answer to high health care costs. These high costs are a real problem, but the way to eliminate fraud and high costs is simple. Just eliminate government as a third-party payer and restore first-party payment through affordable major medical policies.

The real reason we have fraud is because government pays the bill. With more than 150 million people enrolled in Medicare, Medicaid and Obamacare, the fraudsters are having a field day! Even block grants would be better than the health plans of today.

But to really cut costs, Congress must restore a cash-based economy in health care, including real medical insurance solely for catastrophic and insurable events. Then, watch the prices fall.

“Voters are split as GOP focuses on fraud,” Lia DeGroot, Roll Call, July 21, 2026:

<https://rollcall.com/2026/07/21/voters-are-split-as-gop-focuses-on-fraud/>

Presented daily by Twila Brase, President and Co-founder
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*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

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