

A red rectangular sign with the words "ON AIR" in white, bold, sans-serif capital letters.

Health Freedom Minute

August 25, 2026

Do You Want a Robot or a Nurse?

The Chief Health Information Officer of Duke University Health System said his hospital knows the current inpatient staffing model is “not sustainable.” So, the hospital started thinking about how it was going to “take care of patients without nursing and ancillary staff.” Thus, without nurses.

The hospital developed a new technology-based nursing model including AI, robots, computer vision, virtual nursing, and remote sitters. Video patient monitoring systems include virtual nurses along with alarm systems that alert staff. But shouldn't hospitals try to figure out how to bring back human nurses instead of imposing robots and tracking technology on patients?

“What is Computer Vision and How Is it Being Used in Healthcare?” Erin Laviola, HealthTech, March 13, 2025: <https://healthtechmagazine.net/article/2025/03/what-is-computer-vision-in-healthcare-perfcon>

“Popular applications of computer vision in healthcare,” viso.ai, n.d., accessed August 18, 2026: <https://viso.ai/applications/computer-vision-in-healthcare/>

“For Duke, AI strategy is business strategy,” HIMSS TV Insider (interview with Eric Poon), n.d.: <https://himsstv.brightcovegallery.com/detail/videos/ai-ml/video/6401831737112/for-duke-ai-strategy-is-business-strategy?autoStart=true>

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

cchfreedom.org / info@cchfreedom.org / 651-646-8935