

ON AIR



Health Freedom Minute

September 4, 2026

Do You Like Patient Portals?

Doctors push patient portals because the federal government ties payment incentives to demonstrating that patients can electronically access their medical records. More than 50 percent of all patients must be given access to their medical records in four business days; a patient portal is the most common way to meet the requirement.

If portals mean better pay for doctors, what's its mean for you? It may mean difficulty getting hardcopy medical records. It may mean sleepless nights while you wait for a doctor to assure you that the test result does not mean what you think it means. It may mean that your discharge is more rushed because you're expected to read instructions in the portal. Are you a fan of portals? If not, tell me why not.

"Patients Rush to Look at Test Results, but Many Don't Understand Them,"

Joyce Frieden, MedPage Today, August 20, 2026:

https://www.medpagetoday.com/practicemanagement/practicemanagement/122695?xid=nl_mpt_DHE_2026-08-20

"Provide Patients Electronic Access to Their Health Information | MIPS PI Measures for 2024 Reporting," MDinteractive, n.d.:

https://mdinteractive.com/mips_pi_measures/provide-patients-electronic-access-their-health-information-mips-pi-measures-for-2024-reporting

"Is my practice required to offer a patient portal?" Keith A Reynolds, Physicians Practice, March 20, 2026: <https://www.physicianspractice.com/view/is-my-practice-required-to-offer-a-patient-portal->

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

cchfreedom.org / info@cchfreedom.org / 651-646-8935