

A red rectangular sign with the words "ON AIR" in white, bold, sans-serif capital letters.

Health Freedom Minute

September 23, 2026

Look for Self-Pay Options - #2

As I discussed yesterday, cut health care costs with self-pay prices. Ask Grok for self-pay radiology and look at the list. Also, check out SimonMed Imaging and Expected Healthcare. For independent doctors, look for doctors with a price list or a Direct Primary Care doctor who charges by month or year, giving you longer visits, direct access, and sometimes wholesale prices on drugs.

Look for doctors and pharmacies on our Wedge of Health Freedom, at JointheWedge.com. For short hospital stays, look for one of the 32 ER & Hospital facilities around the U.S. For self-pay surgery, contact Surgery Center of Oklahoma, Veritas Surgery, Renovo Healthcare, Noinsurancesurgery.com, and others,

Sources:

Wedge of Health Freedom: www.JointheWedge.com

Nutex Health – network of ER & Hospital facilities:
<https://nutexhealth.com>

Expected Healthcare: <https://expectedhealthcare.com/>

Veritas Surgery: <https://veritassurgery.com>

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*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

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