

A red rectangular sign with the words "ON AIR" in white, bold, sans-serif capital letters.

Health Freedom Minute

October 27, 2026

Medicare Annual Enrollment Has Begun – Buyer Beware!

Medicare's Annual Enrollment Period has started and will end on December 7th. You can now switch from Original Medicare – the freedom-of-choice version – to Medicare Advantage – the less-choice version, but I wouldn't advise it. You can also switch from Medicare Advantage to Original Medicare, but Medigap plans for out-of-pocket expenses may no longer be available to you.

You can switch Medicare Advantage plans or switch from a plan with drug coverage to one without. You can also enroll in or drop Part D drug coverage. Every decision can have long-term financial or coverage impacts. Our popular **Medicare How-To Guide** helps you avoid **10 Medicare traps**. Find it at CCHFREEDOM.ORG.

“Joining a plan,” Medicare, n.d.: bit.ly/48yx8G2

“Unpacking Medicare: What you need to know about Medicare enrollment periods (and when you can change your plan),” Christina Joseph, Aetna, n.d.: bit.ly/4dKLvcr

“10 Payers Exiting Medicare Advantage markets in 2025,” Jakob Emerson, Becker's Payer Issues, October 4, 2024: bit.ly/3NpknVm

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

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