



ON AIR



Health Freedom Minute

October 29, 2026

The Best Medicare Guide Ever Published

Medicare's Annual Enrollment Period has begun. Some of you want to know whether you should switch while you're still healthy.

The organization I lead, Citizens' Council for Health Freedom, has updated our popular **Medicare How-To Guide**. A former Medicare official called it a "service" to Americans and said it has information not found in any other guide.

It's for everyone who is in, or not yet in, Medicare. It has a 12-point summary, a checklist, questions to ask agents, 10 Medicare traps to avoid, descriptions of the four Medicare parts, and helpful quotes from independent agents.

Our free guide will help you make the most educated MEDICARE DECISION you can make. Find it at: CCHFreedom.org.

Medicare How-To Guide, Citizens' Council for Health Freedom,
Updated May 2026: cchfreedom.org/medicare

Presented daily by Twila Brase, President and Co-founder
Citizens' Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide*

cchfreedom.org / info@cchfreedom.org / 651-646-8935