

A red rectangular sign with the words "ON AIR" in white, bold, sans-serif capital letters.

# Health Freedom Minute

October 30, 2026

## Medicare Kickbacks Encourage Rationing

Obamacare created a Medicare kickback program to train hospitals and doctors to do less for patients. If they save money, they get “performance payments.” A government regulation exempts this program from federal laws that forbid kickbacks. The Medicare administration says the kickback program saved \$2.1 billion in 2023.

This kickback program gives doctors and hospitals an incentive to give less care to you, the patient. Thus, Medicare is saving money by encouraging doctors to ration care. Medicare Advantage already rations care, so this is focused on rationing care in Original Medicare. To protect yourself from 10 Medicare Traps, get our Medicare How-To Guide online at [cchfreedom.org](https://cchfreedom.org).

**“MSSP ACOs Save Medicare \$2.1B in 2023, the Largest Savings in Program History,”** Noah Tong, Fierce Healthcare, October 29, 2024: <https://www.fiercehealthcare.com/payers/mssp-acos-saves-medicare-21-billion-2023-largest-savings-program-history>

**Medicare How-To Guide,”** Citizens’ Council for Health Freedom, Updated May 2026: [cchfreedom.org/medicare](https://cchfreedom.org/medicare)

Presented daily by Twila Brase, President and Co-founder  
Citizens’ Council for Health Freedom.

*The Health Freedom Minute is now heard in 48 states:  
Mon-Fri on more than 870 radio stations nationwide*

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