

CITIZENS' COUNCIL FOR HEALTH FREEDOM
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Health Freedom Minute

November 26, 2026

Give Thanks in Everything!

Happy Thanksgiving America! This is the 163rd year of celebrating this uniquely American holiday. Abraham Lincoln made it a national holiday in 1863 during the Civil War.

What are you thankful for? The song "Thankful" by Frank Forrest brings it down to the basics. He's thankful for a roof, a bed, groceries, a phone, clean water, shoes, lights, a car, pots and pans, air in his lungs, sunshine and Jesus. He sings, "Today, I've got so much to be thankful for."

"In everything, give thanks," says the Apostle Paul in 1st Thessalonians. We are blessed to live in America, with a bill of rights and the rule of law. Happy Thanksgiving.

"THANKFUL," Forrest Frank, YouTube, https://www.youtube.com/watch?v=VOZbswniA-g

"Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you." (1 Thessalonians 5: 17-19): https://www.biblegateway.com/passage/?search=1%20Thessalonians%205%3A17-19&version=KJV

Presented daily by Twila Brase, President and Co-founder
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The Health Freedom Minute is now heard in 48 states:
Mon-Fri on more than 870 radio stations nationwide

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